NRAMP CONTACTS

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NRAMP Website:
The NRAMP website:
http://www.maprc.org.au/nramp

Other useful links:
MAPrc: http://www.maprc.org.au
Women’s Health:
http://www.med.monash.edu.au/medicine.alfred/womenshealth
Better Health Channel:
http://www.betterhealth.vic.gov.au

Funding Bodies:
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WHAT IS
The National Register of Antipsychotic Medication in Pregnancy (NRAMP)

- An observational, nationwide study which follows the journey of mother and baby during pregnancy, birth and for the first five years of the child’s life.
- Has been developed to gather information from women across Australia who are taking, or have taken, antipsychotic medication during pregnancy.
- Collects and records information on maternal and child health and wellbeing.
- Plans to develop evidence-based guidelines for the best use and effect of antipsychotic medication during pregnancy, birth and the postnatal phase.
- Will enable healthcare professionals and women with mental illness to make informed decisions about appropriate treatment options, and encourage safer outcomes for both mother and child.
- Provides an opportunity for women to ‘share their story’ in a confidential manner, with compassionate research personnel.
- Is not designed to provide treatment recommendations, make mental health diagnoses or pass judgement on any individual.

HOW CAN I TAKE PART IN NRAMP?

Referrals:
Women may be referred to NRAMP by their healthcare professionals (doctor, nurse, psychiatrist, psychologist, social worker etc). Women may also refer themselves to NRAMP.

Voluntary participation:
Participation in NRAMP is completely voluntary, which means that participants may withdraw from the study at any time.

Who can join NRAMP:
- Women who are taking, or have taken, antipsychotic medication during pregnancy.
- Women who are pregnant or have had a baby in the last 12 months.
- Women who reside in Australia
- Women who are able to provide informed consent.

Timeline:
Participants may join the study at any time during pregnancy and up to a year after their baby is born.

Consent:
Participants are required to give written consent to take part in NRAMP, which includes a General Consent form and a Medical Consent form. The Medical Consent form allows NRAMP research personnel to contact healthcare professionals for further information, if required.

WHAT HAPPENS NEXT?

Interviews:
NRAMP study interviews are conducted by phone (or in person, if required) at regular intervals during pregnancy. After the baby is born, interviews are held at different time points during the first five years of the child’s life. Interviews are always conducted at times which are convenient for participants.

Information collected:
NRAMP collects participant information regarding family, social, medical, psychiatric, medication and obstetric details, plus maternal and child health and wellbeing, including child developmental milestones.

Possible benefits:
Participants will be contributing directly towards the best use and effect of antipsychotic medication during pregnancy, for the benefit of present and future generations. Other benefits include the development of an ongoing contact and relationship with NRAMP research personnel, who will provide a ‘friendly, non-judgemental ear’, so that participants can feel at ease when discussing personal issues.

NRAMP results:
As NRAMP progresses, it is hoped that results will be made available to healthcare professionals and participants alike, through general discussion, publication in reputable journals and presentations at appropriate conferences.